



# Carter G. Woodson School HS Lunch Menu

# March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<b>March 2</b> Cheese Pizza Carrot Sticks w/ Ranch Fresh Garden Salad Pineapple Tidbits Fresh Apple Variety of Milk	<b>March 3</b> Beefy Nachos w/ Cheese, Lettuce Pinto Beans Corn Fresh Banana Mixed Fruit Variety of Milk	<b>March 4</b> Bagged Lunches  Cheeseburger on WG Bun Fresh Veggies w/ Dip Fresh Fruit or Fruit Cup 4 oz 100% Juice Variety of Milk	<b>March 5</b> Bagged Lunches  Hot Dog on WG Bun Fresh Veggies w/ Dip Fresh Fruit or Fruit Cup 4 oz 100% Juice Variety of Milk	<b>March 6</b> Orange Chicken Bites WG Roll Steamed Broccoli Glazed Carrots Applesauce Mandarin Oranges Variety of Milk
<b>March 9</b> No School	<b>March 10</b> No School	<b>March 11</b> No School	<b>March 12</b> No School	<b>March 13</b> No School
<b>March 16</b> Cheese Pizza Carrot Sticks w/ Ranch Fresh Garden Salad Pineapple Tidbits Fresh Apple Variety of Milk	<b>March 17</b> Cheeseburger on WG Bun Baked Beans Mashed Potatoes Mixed Fruit Fresh Banana Variety of Milk	<b>March 18</b> Chicken Tenders w/ Ranch Cup WG Roll Steamed Broccoli Sweet Potatoes Pears Fresh Apple Variety of Milk	<b>March 19</b> Turkey & Cheese Sub Potato Wedges Green Peas Fresh Fruit Chilled Peaches Variety of Milk	<b>March 20</b> Chicken Nuggets WG Roll Green Beans Corn Applesauce Mandarin Oranges Variety of Milk
<b>March 23</b> Cheese Pizza Carrot Sticks w/ Ranch Fresh Garden Salad Pineapple Tidbits Fresh Apple Variety of Milk	<b>March 24</b> Pulled BBQ Chicken Sandwich Green Beans Mixed Veggies Fresh Banana Mixed Fruit Variety of Milk	<b>March 25</b> Beefy Nachos w/ Cheese, Lettuce Pinto Beans Corn Pears Fresh Apple Variety of Milk	<b>March 26</b> Orange Chicken Bites WG Roll Steamed Broccoli Glazed Carrots Chilled Peaches Fresh Fruit Variety of Milk	<b>March 27</b> Cheeseburger on WG Bun Potato Wedges Coleslaw Applesauce Mandarin Oranges Variety of Milk
<b>March 30</b> Cheese Pizza Carrot Sticks w/ Ranch Fresh Garden Salad Pineapple Tidbits Fresh Apple Variety of Milk	<b>March 31</b> Beef Tacos w/ Cheese, Lettuce Pinto Beans Corn Mixed Fruit Fresh Banana Variety of Milk			

## Families Making the Connection

### Quest for School Breakfast

March 2-6 is National School Breakfast Week (NSBW), "Quest for School Breakfast". #NSBW2026 highlights how eating a nutritious breakfast helps students be successful in the classroom and beyond. Students who participate in school breakfast show improved attendance, behavior, standardized achievement test scores as well as decreased tardiness.

School breakfast is a School Nutrition Program available to all public schools. All children can participate. Most North Carolina schools offer breakfast each school day including a choice of entrée, fruit or 100% juice, and lowfat or fat free

\*Menu subject to change.

milk. Every school breakfast served meets federal nutrition standards limiting calories, fat, and sodium.

School breakfast offers several connections to classroom learning—students have the opportunity to eat a healthy breakfast each school morning closer to academic instruction time, students who eat a healthy breakfast are better able to focus on classroom lessons, and students can practice the nutrition lessons they learn in the classroom by making healthy choices with school breakfast.